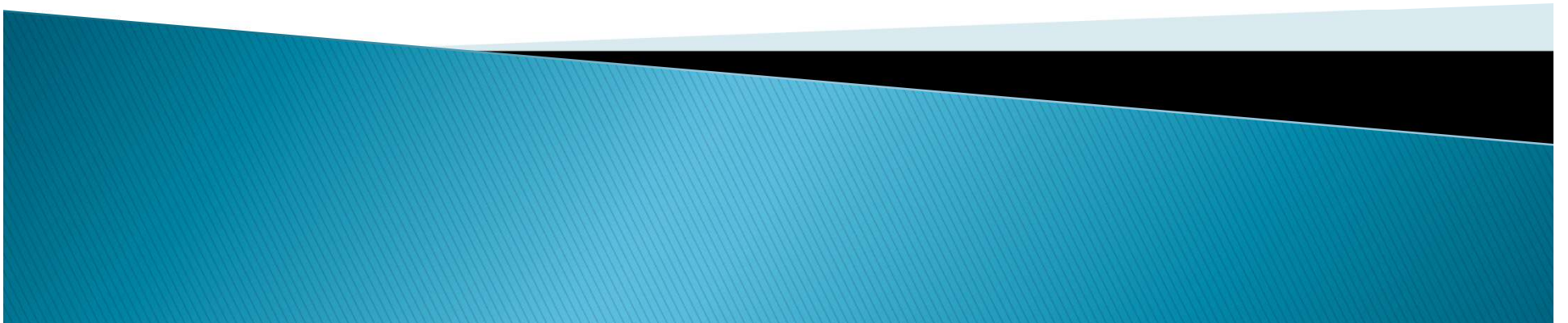


How to Take the Hassel Out of Homework

Although homework is necessary, it doesn't
have to be stressful!





- How are you feeling today?
- What brought you joy today? This week? This Month?
 - What are you thankful for?



THE LPA WAY

Leadership Preparatory Academy believes that an environment of mutual respect and civil conduct between and among students, parents, volunteers, and the general public is critical to the achievement of student and staff.

Expected behaviors include but are not limited to:

1. Respect and courtesy in language, demeanor, and actions
2. Moderate tone and volume of voice
3. Active and respectful listening
4. Respectful acknowledgment of cultural difference
5. Respect for the personal, civil, and property rights of others
6. Appropriate and courteous uses of telephone, public address systems, two-way radios, and any other verbal communication device.
7. Appropriate and courteous written communication, including notes, letters, email, and text messages.



What We Know...

- ▶ It's no surprise that most children don't like doing homework. After a long day of sitting, listening and learning, it's the last thing kids want to do.
- ▶ Homework is important, and provides countless benefits like improved comprehension, cognition and memory.
- ▶ A parent's approach to homework can greatly influence a child's attitude toward it; parents should try to see it as an opportunity to help children extend learning and use homework to develop intellectual curiosity and establish learning routines that will serve kids beyond their school years.



How Can You Encourage Your Child to Do Homework Without A Nightly Battle?

- ▶ Give children plenty of encouragement and even restrained help with assignments.
- ▶ Remember, sometimes, your presence alone will be enough to motivate your child. Other times, your child may need your direct help.
- ▶ Remember that homework is the responsibility of the child. Stick to the role of the advisor and be very careful not to contradict the methods taught in school.



Homework Guidelines

- ▶ Create a Quiet Space.
- ▶ Make a Routine.
- ▶ Lead by Example
- ▶ Praise Rather Than Reward.
- ▶ Make It Your Child's Responsibility.
- ▶ Provide Guidance, Not Answers.
- ▶ Help Your Child in the Way He Learns Best.
- ▶ Talk About Tricky Assignments.
- ▶ Wrap It Up in a Positive Way.

5 Ways to Change the Environment and Attitudes Around Homework Time

- ▶ Display your child's homework assignments in a visual manner.
- ▶ Share the load and make it enjoyable.
- ▶ Crank up the fun!
- ▶ Practice empathy.
- ▶ Give breaks as needed.



Divide Homework Into Three Stages

- ▶ **The think-through.** Ask questions to help clarify what they are supposed to do. This is to bring back their short-term memory of what they have been taught.
- ▶ **The Doing.** Help your scholar focus more by identifying what he/she is supposed to do and how. During stage 2 the parents give no help whatsoever. If your child needs any help, you refer back to stage 1. It's about doing it on his/her own. It is intended to be done by the pupil, it is not intended to be a collaborative effort.
- ▶ **Improvement stage.** The day after the child has done the homework, he/she says two things that are good about the work, and the parent says two things that are good. In addition to this, the child and parent each have to mention two things that need to improve. This irons out a lot of things that need to happen; there will be far fewer mistakes, which is always very wonderful.

Develop An Incentive System

Step 1. Describe the problem

behaviors. Parents and children decide which behaviors are causing problems at homework time. The problem behavior should be described as behaviors that can be seen or heard.

Step 2. Set a goal. Usually the goal relates directly to the problem behavior.



Develop An Incentive System

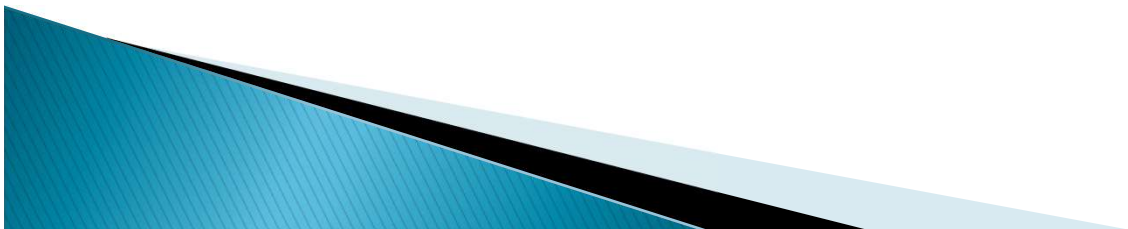
Step 3. Decide on possible rewards and penalties. Homework incentive systems work best when children have a menu of rewards to choose from. A point system in which points can be earned for the goal behaviors and traded in for the reward the child wants to earn works best. The menu should include both larger, more expensive rewards that may take a week or a month to earn and smaller, inexpensive rewards that can be earned daily. It may also be necessary to build penalties into the system.

Step 4. Write a homework contract. The contract should say exactly what the child agrees to do and exactly what the parents' roles and responsibilities will be.



Homework Checklist for Parents

- Will be emailed to participants. Please place your email in the Chat.
- Will be posted on the school website with this PU session presentation deck.





Q&A

