

Positive Affirmations for Young Students

To help you get started, we have rounded up our favorite positive affirmations to share with your children:

I learn from my mistakes.
I love myself even though sometimes I fail.
Every day brings new opportunities.
Whatever I do, I give my best.
I can become whatever I want to be.
I have the courage to be myself.
I play an important role in the world.
I have lots of friends who love me.
Every problem has an answer.
I'm determined to reach my goals.
I enjoy learning new things.
I am a winner.
I believe in myself and my abilities.
I trust myself to make the right decisions.
I deeply love and accept myself.
I can do anything I choose to do!
I choose to be confident.
I can do this.
I will master this material.
My challenges help me grow.
It's okay not to know everything.
I believe in myself and my abilities.
Today is going to be my day.
I start with a positive mindset.
I am in control of my progress.
I will succeed in life.
I am capable.
I am proud of myself.

Nurturing a healthy self-esteem is a critical part of a child's development.